



Conversations Connections Community

Thursday, September 19 – Stayer Center

MARIAN UNIVERSITY is hosting a gathering of Marian faculty, staff, students and alumni during Homecoming Week, along with leaders from the local community and the general public for an opportunity to discuss issues surrounding higher education and career development.

A light lunch will be served during session 2.



Scan for more information or visit
www.marianuniversity.edu/homecoming

Session 1: 9:25–10:40 a.m.

Navigating Career Stages: Insights on Balancing Work and Life

The four stages of career progression include establishment, advancement, maintenance and retirement. One of the challenges across the career life span is how to effectively maintain professional competence while managing personal relationships, family responsibilities, as well as squeezing in outside interests. Join this panel discussion to hear from professionals in all four stages.

Session 2: 10:50 a.m.–12:05 p.m.

Your Vote, Your Future: Understanding the Power of Voting

This engaging and interactive session will explore why voting is crucial and how participation in elections can shape your future. You'll gain practical knowledge about why voting matters and how to use your voice in every election. While this session won't tell you who to vote for, it will provide a straightforward overview of the voting process, equipping you to confidently cast your ballot and make sure your voice is heard.

Session 3: 12:15–1:30 p.m.

8 Dimensions of Wellness:

Balancing Personal & Professional Life for Success

In this session, we'll explore the 8 Dimensions of Wellness and their crucial role in both personal and professional well-being. You'll learn about each dimension— what it is, why it matters, and what happens when it's out of balance. We'll look at how imbalances can impact leadership abilities, affect teams, and hinder performance in all aspects of life. This session will equip you with insights and strategies to maintain balance and thrive.

Session 4: 1:40–2:55 p.m.

Career Conversation Round-table Discussion

Join us for this session designed to connect students with alumni, local business leaders, faculty, and other professionals. Whether you're exploring potential careers or seeking guidance on your professional journey, this event is your chance to ask questions, build networks, and learn from those who have transitioned from college to career.