

MARIAN UNIVERSITY ATHLETIC TRAINING

Attention Deficit Hyperactivity Disorder (ADHD) Medication Exemption Information



Primary Care Physician/Health Care Provider:

The student-athlete presenting this form to you plans to or already participates in intercollegiate athletics at our institution. Our institution is governed by the rules and regulations of the NCAA. New legislation beginning August 1, 2009, involves the collection of medical records for those student-athletes diagnosed/treated for ADHD/ADD utilizing specific medication which may be banned by the NCAA. In order to show compliance with this new legislation, we are asking our student-athletes to take this letter to their primary care physician/health care provider to fill out and to provide the following information in order to continue/begin their NCAA participation while also continuing to take their ADHD/ADD medication. Please return this form to the student-athlete or to the following address or fax number:

Marian University
c/o Kim Biwer, Head Athletic Trainer
45 S. National Ave.
Fond du Lac, WI 54935-4699
Phone (920) 923-8754
Fax (920) 923-8134

Examples of the NCAA Banned-Drug Class
Stimulants include: amphetamine, atomoxetine,
dexamethylphenidate, dextroamphetamine,
methamphetamine, and methylphenidate.
For more information please visit
www.ncaa.org/health-safety.

Student-Athlete's Name: _____ Date of Birth: _____

Date of initial evaluation: _____ Date of most-recent follow-up: _____

Blood Pressure: _____ Pulse: _____

Physician's Diagnosis: _____

Medication Prescribed/Follow-up Orders: _____

- ✓ Please attach a brief summary of the comprehensive clinical evaluations used to diagnose this student-athlete with ADHD/ADD (reference DSM-IV criteria) and any supporting documentation.
- ✓ Please attach note-worthy alternative non-banned medications that have been tried or considered and why they were not utilized.
- ✓ Please attach any ADHD Rating Scale (ex: Connors, ASRS, CAARS) scores and report summaries.

If available, please provide copies of the following:

- ADHD/ADD symptoms by other health care providers
- Any psychological testing results
- Laboratory/testing results helping to diagnose ADHD/ADD
- Previous ADHD/ADD diagnosis summaries not completed/diagnosed by the current physician

Name of Physician _____

Address _____

Specialty _____

Signature _____ Date _____

Stamp